All about the Artarmon Public School Canteen

Canteen: ☀️ 9411 1425 🌸 Canteen@artarmonpandc.org.au

Now that you’ve settled into the school routine, it’s time to try out the Artarmon School Canteen. At the Canteen, we are committed to providing a variety of healthy and interesting food for our children. All products sold comply with the green and amber categories of the NSW Healthy Canteen Guidelines. The canteen needs 20 adult volunteers each week to provide the 900ish lunch orders per week for our kids.

How do I order lunch orders? We only accept electronic lunch orders. To place an order, you need to register with MunchMonitor at www.munchmonitor.com.au

Log in: Artarmon Password: munch2064

Once you are logged on, you can set up your own unique logon and password, register your child/ren giving details of class and food allergies, upload a photo then load your MunchMonitor account with funds from your credit card or by depositing cash at the Canteen.

Lunches can be ordered up to 9am on the day required and up to 4 weeks in advance.

What can I order? We have a variety of hot (Pasta with Meat or Vegetable Sauce, Fish Cocktails, Pies, Chicken Nuggets, Sausage Rolls, Burgers) and cold (Sandwiches, Wraps, Salads) meals with vegetarian and Halal options. We also have some “daily special” foods that are available only once a week (hot dogs, crispy chicken wraps, sushi).

Is there a menu I can browse? All the items the canteen sells and their prices are on Munch Monitor.

My child has allergies or food intolerances. Special procedures are in place, please refer to the website at http://www.artarmon-p.schools.nsw.edu.au/community/canteen and ensure your Munch Monitor details about these are kept up to date.

If you would like to know more about the ingredients in our foods, please visit the Canteen between 8am and 9:30am Monday to Friday and talk with our Canteen Manager, Michele Stockley-Smith.

What about buying a snack or ice-block at lunchtime? Children can purchase from the Canteen using cash or a Munch Monitor tag during recess and lunch breaks.

Kindergarten children cannot purchase at recess during the first term of school as there are long lines. A great way to teach your Kindy child to order at the counter in term 1 is to bring them on Friday afternoons after school. Kindy kids finish school 10 minutes earlier than the remainder of the school in term 1, which is a perfect for them to take their time and learn how.

Pickup your Munch Monitor tag from the Canteen between 8:00 and 9:30 any weekday morning. You will need to provide a lanyard (string around neck available from most $2 shops) or other method of securing the tag.

Note: you don’t need a tag for lunch orders or cash sales, only over the counter sales.

How does my child receive the order? Each class collects their lunch order box from the Canteen just before the lunch and the class teacher distributes the orders to the children.

Is there a fee to use Munch Monitor? There is a fee of $2.50 per family per term which is charged to your account when you place your first order for the term.
Additionally, because the canteen needs volunteers to function, if a family places more than 20 orders a term (roughly twice a week) without volunteering in the canteen in the calendar year, you will be charged a levy that covers 1 hour of a casual employee’s time each term.

**How about a snack or ice-block after school on Friday?** Children can purchase from the Canteen using cash or a Munch Monitor tag from 2:45 until 3:10 on Friday afternoons after school.

In Term 1 this is a great opportunity for your Kindy child to purchase something at the canteen without the big kids around. Look for the canteen sandwich boards saying the canteen is open.

**Does the canteen need adult volunteers?**

Yes! We need 20 volunteers in the actual canteen during the day each week, and 28 volunteers behind the scenes paying the bills, ordering stationary, doing the stocktakes etc. in your own time. Please be involved with the school community and volunteer. No experience is necessary, and it is a great way to meet other parents, Aunts & Uncles, grandparents etc.

**I would like to volunteer in the canteen but I don’t speak English**

Just let the volunteer co-ordinators know your primary language, and they will organise a native speaker to volunteer on the same day. For example in the past we have had a Japanese day. And a Chinese day. And a Dad’s day. And a group of friends who organise to volunteer on the same day. It’s more fun than you think!

**What if I want to volunteer in the canteen but am vegetarian/other?**

Michele has worked with many parents who do not want to be involved with a particular kind of food due to religious beliefs or dietary preferences. Please let her know at the beginning of the day and she will ensure you are assigned to a task where that food is not involved.

**I would like to volunteer in the canteen but I am useless in the kitchen**

Michele is amazing patient and has loads of experience in teaching even the worst of us how to do the basic tasks required to prepare and pack the lunch orders. Even some of the good cooks have reported learning things from their day of volunteering in the canteen.

**What’s the end-of-term sausage sizzle?** It’s a fun way to end the term and raise money for the school. The sausage sizzle meal is sausage in a roll, fruit and a drink. We need lots of parent helpers from each year that day to ensure our kids are well looked after.

**I still have some questions about using the Canteen.** Email canteen@artarmonpandc.org.au or talk to Michele at the canteen (between 8:00 and 9:30am each morning) or call her on 9411 1425 or see our website http://www.artarmon-p.schools.nsw.edu.au/community/canteen

**How can I be involved?** Because we are parent run, we need all families who use the Canteen to help out. Maybe you could do a shift in the Canteen, help at a Sausage Sizzle, join our management committee, help with a stocktake, co-ordinate volunteers, assist with accounts, research equipment or menu items or offer some of your other specialist skills. Just email us and we will match you with a great role.

Ensure you register now for your child’s birthday. They would love to see you there!

Email us at canteen@artarmonpandc.org.au